

Community and Family Health Annual Report 2008



Office of the Assistant Secretary
Office of Community Wellness and Prevention
Office of Infectious Disease and Reproductive Health
Office of Maternal and Child Health



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This report is available for download at: www.doh.wa.gov/cfh/About_Us.htm

For more information about the Community and Family Health Division,
please contact:

Paula Smith

Strategic Communications Manager

Community and Family Health Division

Washington State Department of Health

Mailing: P.O. Box 47830, Olympia, WA 98504-7830

Physical: 111 Israel Road SE, Tumwater, WA 98501-5570

phone: 360-236-3721

email: paula.smith@doh.wa.gov

web: www.doh.wa.gov/cfh/About_Us.htm

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Greetings

from the Assistant Secretary,
Community and Family Health Division

Welcome to the first Community and Family Health Division Annual Report. As the new Assistant Secretary for the Division, I am pleased to provide this snapshot of the programs and accomplishments of the Division for the 2008 calendar year. My vision for these annual reports includes providing our partners and stakeholders with brief highlights of program accomplishments, challenges, and changes from the prior calendar year. This first report will introduce each of the programs and identify one or two major accomplishments. Where appropriate, this first report will establish baselines from which future reports can compare.

Community and Family Health went through a number of significant organizational changes during 2008, including a new Chief Administrator, two different acting Assistant Secretaries, and finally, a new permanent Assistant Secretary with my appointment on July 1, 2008. Throughout these changes, program staff remained focused on the important work the Division does to ensure the health of Washington citizens. I am honored and proud to lead such a talented and dedicated team of professionals.

Our future is even more challenging and difficult as we struggle with large budget cuts, prioritizing our future work, and looking ahead to the future of public health and public health systems. In particular, we will look at how the Division can “evolve” to meet the ever-changing needs of the populations we serve, identify areas for integration among programs, and streamline business functions. I am certain staff will rise to meet these challenges head-on.

A big “Thank You” to the dedicated team of staff who volunteered on the workgroup to put this Annual Report together, and to all of the staff who contributed data and information for the report. I look forward to another year of outstanding accomplishments!

Sincerely,

Mary Wendt, MPA:HA
Assistant Secretary, Community and Family Health

The Community and Family Health Division 2008 Overall Highlight

Community and Family Health programs participated in the third performance review using the Standards for Public Health in Washington State. Our Tuberculosis, Tobacco, HIV, Child and Adolescent Health, and Steps programs all ranked in the top 10 programs in the agency demonstrating highest marks in performance.

Office of the Assistant Secretary



Our Mission

To enhance the health of individuals, families, and communities.

We work with and through our partners to prevent disease and promote a healthy start, healthy choices, and access to services.

We work closely with others in the agency to support our programs and services. Together with other state agencies, local health, and key stakeholder groups, we work to enhance the health of individuals, families, and communities. These functions occur from within the sections of the Office of the Assistant Secretary.

Programs and 2008 Accomplishments

Office of Health Promotion applies expertise in health promotion and marketing strategies, educational materials, professional development, and coordinated school health to advance state and local prevention programs. We distribute competitive funding to local health jurisdictions and tribes through the federal Preventive Health and Health Services Block Grant.

- Collaborated with other Department of Health programs to produce educational materials on childhood lead poisoning and sexually transmitted diseases.
- Conducted over 100 hours of training for staff in local public health agencies, community organizations, and schools.

Information Services provides project management, systems analysis and design, software coding, testing, implementation, and maintenance of various public health applications.

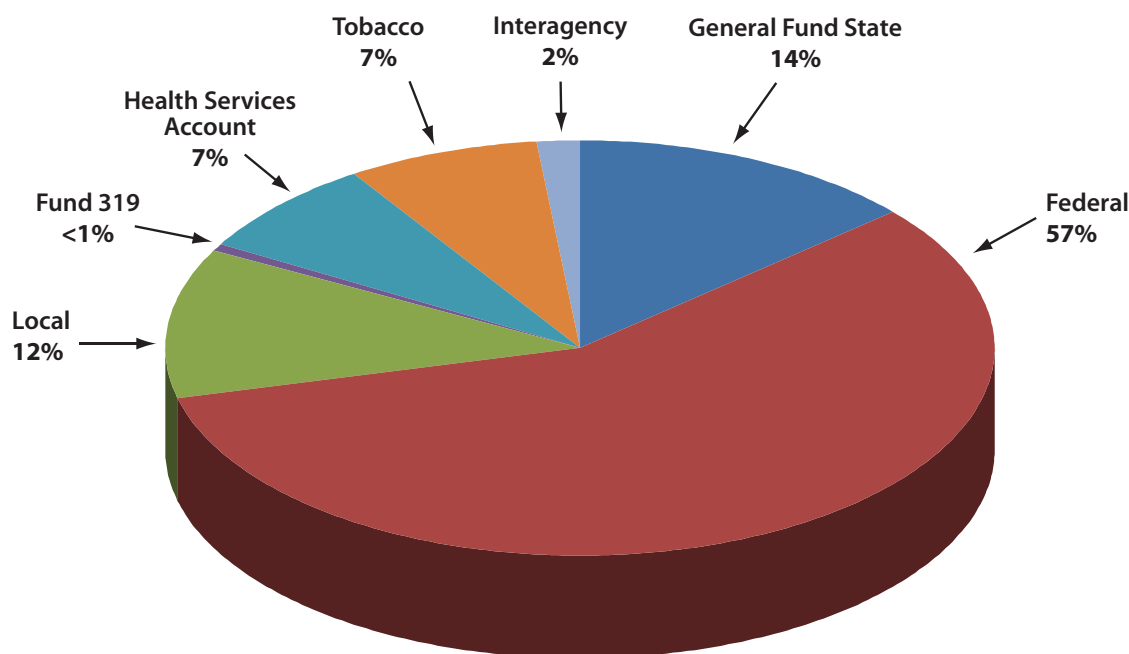
- Redesigned the Women, Infants, and Children (WIC) computer system making data transfer quicker and more reliable for clients even when they move their residence.

Communication and Performance Accountability Section provides expert consultation for development and review of content for division communications products. Manages division performance assessment and reporting processes.

- Established new section to manage process improvement within the division for web, communications products, and performance accountability reporting.

Budget and Operations Section provides oversight to business activities and functions related to division-wide financial processes and operational procedures. Our budget is comprised of dollars from many sources, including 57 percent federal funds from a variety of grants and 14 percent from Washington State General Funds. Interagency reimbursement funds basic food and nutrition education, coordinated school health, a wide-variety of maternal and child health-related activities, and HIV case management. Health Services Account provides funding for vaccines.

2008 Expenditures by Fund Source – Total \$328 Million



Local Community Health Leadership Liaison works with local health partners to strengthen the public health system, and participates in the Community Health Leadership Forum, representing public health nursing directors statewide.

- Developed the division's Emergency Communication Plan and provided the first-ever training for Emergency Operations Center response team.

Legislative and Policy Section provides expert consultation on major legislative and policy issues, and provides internal and external coordination. Helps staff navigate the processes supporting legislative activities, policy development (particularly rule-making), and public records disclosure requests.

The following captures the highlights of several pieces of legislation passed in 2008 that have a direct impact to our programs, stakeholders, and the public we serve:

- **Second Substitute Senate Bill 6483:** Enacted the local farms-healthy kids and communities act allowing schools to purchase locally grown fruits and vegetables; and grants WIC Nutrition Program rule changes to allow farms with farm stores to participate in the Farmer's Market Nutrition Program.
- **Engrossed Second House Substitute Bill 2549:** Established patient-centered primary care pilot projects, and supports training and incentives for the high priority Medical Home model.
- **Senate Bill 6421:** Provides medical coverage for smoking cessation and a comprehensive smoking cessation benefit for Medicaid clients through the Quit Line (1-800-QUIT-NOW).
- **Senate Bill 6743:** Requires training guidelines for teachers and students with autism.

Office of Community Wellness & Prevention



We recognize that many social, economic, physical, and environmental factors play a significant role in chronic disease.

We guide and support developing healthy communities by promoting policies and healthy behaviors that lead to effective prevention and management of chronic diseases. We recognize that many social, economic, physical, and environmental factors play a significant role in chronic disease.

Programs and 2008 Accomplishments

Asthma Program works to reduce exposure to asthma triggers in the environment, helps people learn how to manage their asthma, and helps health-care providers improve asthma treatment.

Basic Food Nutrition Education Program teaches people who use food stamps about preparing healthy foods and living active lives, and offers training and technical assistance to local agencies providing nutrition education.

- Taught nearly 25,000 people who use food stamps about making healthy food and lifestyle choices.

Breast and Cervical Health Program provides uninsured or underinsured low-income women, ages 40-64, with free breast and cervical cancer screenings and other services.

- Screened 16,179 women for breast and/or cervical cancer, achieving an all time high for the program.

Cancer Registry provides accurate data about new incidences of cancer cases to professionals and scientific researchers for public health planning and medical research.

Collaborative to Improve Health works to improve health care for people with chronic conditions through a year-long learning process for primary care practice teams.

- Worked with 35 teams to improve asthma, hypertension, diabetes, childhood obesity, or medical homes for children with special health care needs.
- Implemented electronic registries in provider clinics and trained staff to track vital patient information.

Comprehensive Cancer Control Program partners with over 60 organizations to reduce cancer incidents and the suffering and deaths caused by cancer. Promotes policies and practices that support preventing, educating, screening, increasing communications between providers and patients, and quality care.

Diabetes Prevention and Control Program provides leadership in diabetes prevention and control strategies in Washington State.

- Trained more than 50 leaders to use a curriculum to educate and support people who have chronic diseases, including diabetes, to better manage their disease, and live healthier lives.

Heart Disease and Stroke Prevention Program uses research to identify, promote, and use the most effective strategies to prevent and treat heart disease and stroke.

- Improved the state's emergency system for heart attack and stroke care.
- Produced a report, "Emergency Cardiac and Stroke Care in Washington."

Nutrition, Physical Activity, and Obesity Prevention Program works to ensure access to healthy foods and physical activity where we live, learn, work, and play.

Tobacco Prevention and Control Program uses comprehensive, proven, and cost-effective strategies to reduce the use of tobacco products.

- Provided help to 110,000 people who called the Tobacco Quit Line.
- Expanded the "No Stank You" tobacco media campaign by sponsoring educational events for 3,000 youth around the state. Promoted peer-to-peer influence by encouraging these youth to wear tee-shirts with anti-smoking messages at school and other activities.

WIC (Women, Infants, and Children) provides nutrition education and counseling, nutritious foods, breastfeeding education and support, and assistance with access to health care to low-income women, infants, and children.

- Provided nutrition education, food coupons, and other services to 183,000 people (increase of 20,000 from 2007). Added 11 more farmer's markets for a total of 91.
- Developed a new WIC food package to provide more healthy choices for families. Also, changed requirements for WIC grocery stores to carry these healthy foods.



Office of Infectious Disease & Reproductive Health



In 2008, we developed disease investigative guidelines for HIV, STDs, and TB. These guidelines established performance standards for local health jurisdictions.

We provide services to prevent and control sexually transmitted diseases (STDs), HIV/AIDS, tuberculosis (TB), and unintended pregnancy, and we support the Governor's Advisory Council on HIV/AIDS.

In 2008, we developed disease investigative guidelines for HIV, STDs, and TB. These guidelines established performance standards for local health jurisdictions. The office prepared reports for each local health jurisdiction measuring their progress in meeting the standards for each disease.

Our assessment unit was one of 22 sites in 2008 contributing to the first-ever estimates of HIV incidence in the U.S. by the Centers for Disease Control and Prevention. This estimate allows for better understanding of the national and local epidemic. The assessment unit supports disease reporting, quality assurance, and program evaluation across all office programs.

Programs and 2008 Accomplishments

Family Planning and Reproductive Health Program provides funding, leadership, consultation, and technical assistance on family planning issues. This program promotes links among related programs, acts as a clearinghouse for family planning information and training, and monitors compliance with state and federal regulations.

- Funded local family planning agencies serving 156,006 family planning clients: 147,779 women and 8,227 men. Based on national data, it is estimated that over 25,000 unintended pregnancies were averted in these female clients.

The Adult Viral Hepatitis Prevention Program is responsible for the coordination, control, and prevention of viral hepatitis in high risk adults. Program components include surveillance, public and professional education, consultation to local health jurisdictions and other health providers, and implementing the Washington State Hepatitis C Strategic Plan.

- Distributed 15,960 doses of combination hepatitis A and B vaccine to 27 local health departments and the Department of Corrections participating in a high risk adult pilot project.

The Human Immunodeficiency Virus Program provides support and funding for prevention and education services to control HIV, support health insurance, or pay for medications and health care services for low-income individuals living with HIV. The program also funds agencies across the state to assist people with access to HIV testing and to obtain the services they need to live with HIV if they are infected.

- Provided funding to support the exchange of 7.5 million clean syringes for used ones to reduce transmission of HIV and hepatitis C and to reduce the number of contaminated syringes.
- Provided 25,000 HIV tests for persons at risk for infection, including 7,500 rapid HIV tests.
- Served approximately 4,600 clients with HIV/AIDS with over 3,200 receiving life-saving medications, and provided case management and other community programs for about 2,316 individuals.

Sexually Transmitted Diseases Program is responsible for coordinating and supporting disease surveillance, intervention, screening, and education for the control and prevention of sexually transmitted diseases.

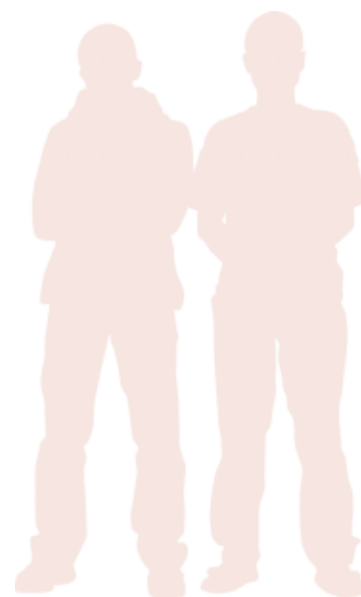
- Collaborated with the University of Washington to continue implementation of a Statewide Expedited Partner Therapy program to interview 6,699 chlamydia cases and 1,364 gonorrhea cases.
- Provided testing kits and laboratory services to test 67,796 individuals for chlamydia and gonorrhea. Identified and treated 4,744 new cases of chlamydia and 991 cases of gonorrhea.

Tuberculosis Program assists state, local, and community efforts to reduce the spread of the disease and prevent the emergence of drug-resistant strains of TB. Provided technical assistance for the screening, diagnosis, and treatment among populations at high risk for TB.

- Collaborated with the Tacoma-Pierce County Health Department and a local health care provider serving foreign-born communities at high risk for latent TB infection to develop a “Partnership for TB Prevention,” screening 174 people.



Our assessment unit was one of 22 sites in 2008 contributing to the first-ever estimates of HIV incidence in the U.S. by the Centers for Disease Control and Prevention.



Office of Maternal & Child Health



We protect and improve the health of women, infants, adolescents, and their families. Our programs specialize in specific maternal and child health topics and populations.

Programs and 2008 Accomplishments

Assessment supports the entire office through data assessment, surveys, surveillance systems, and program evaluation activities. This work guides the office programs by looking at the burden, trend, and disparity in diseases and risk behaviors.

- Collected, analyzed, and published information on maternal attitudes, behaviors, and health status related to pregnancy; infant mortality, low birth weight, and preterm birth; youth health and risk behaviors; access to care and medical homes; patient satisfaction; oral health; and services provided to the MCH population.

Oral Health Program promotes best practices to protect the oral health of women, infants, children, adolescents, and children with special health care needs. The program addresses access barriers and facilitates referrals for high risk individuals.

- Doubled the number of schools with sealant programs from 140 in 2006 to 293 in 2008.

Child and Adolescent Health works to promote and protect the physical health, mental health, and overall development of individuals ages 1–21 years.

- Received one of six Project LAUNCH grants designed to promote the wellness of young children ages birth to eight years of age by addressing the physical, emotional, social, and behavioral aspects of their development.

Children with Special Health Care Needs promotes an integrated system of services for all children who have or are at risk for chronic physical, developmental, and behavioral conditions.

- Completed the work of the Autism Task Force, which produced the Washington State Autism Guidebook. The program was selected for a three-year federal grant to improve services for children and youth with Autism Spectrum Disorder.



Genetic Services promotes early identification of individuals with genetic disorders or disabilities, enhances the health care delivery system to serve people with genetic disorders or disabilities, and connects people with the health resources they need.

- Completed work with a national committee to finalize a report on access, delivery, and use of genetic services.
- Monitored over 84,000 newborn hearing tests and completed 9,500 follow-up visits to make sure infants got the tests they need.

Immunization Program CHILD Profile works to prevent the occurrence and transmission of vaccine-preventable diseases. Promotes healthy families and increases use of preventive health care for children from birth to age six years.

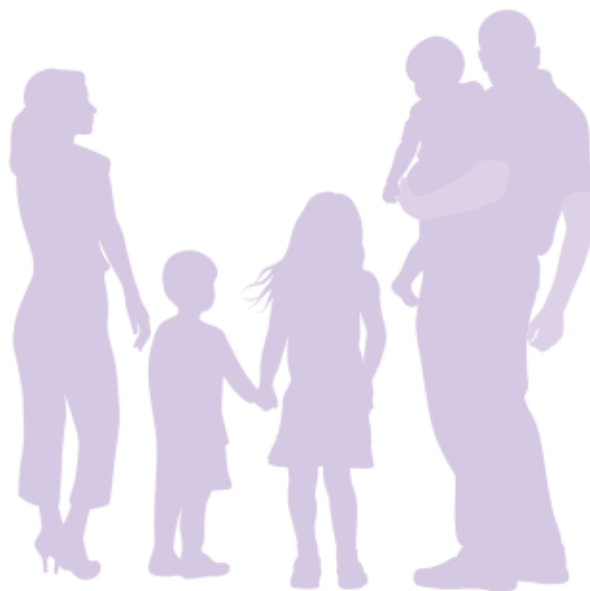
- Implemented the vaccine ordering module of the CHILD Profile Immunization Registry. The program exceeded the 85 percent goal for provider participation to record patient vaccinations.

Maternal and Infant Health works to protect and improve the health of women and ensures infants get a healthy start.

- Convened a statewide workgroup aimed at reducing Washington's cesarean section rate, improving cesarean section safety, and clarifying recommendations for patient choices.



Doubled the number of schools with sealant programs from 140 in 2006 to 293 in 2008.



Community and Family Health Program Directory

Adult Viral Hepatitis Prevention Program

Phone: 360-236-3440

Web: www.doh.wa.gov/EHSPHL/factsheet/hepc.htm

Asthma Program

Phone: 360-236-3851

Web: www.doh.wa.gov/cfh/asthma/default.htm

Basic Food Nutrition Education Program

Phone: 360-236-3739

Web: www.doh.wa.gov/cfh/bfne

Breast and Cervical Health Program

Phone: 360-236-3784

Web: www.doh.wa.gov/wbchp/

Cancer Registry, The

Phone: 360-236-3624

Web: <https://fortress.wa.gov/doh/wscr/>

Child and Adolescent Health Section

Phone: 360-236-3968

Web: www.doh.wa.gov/cfh/mch/cahcp/default.htm

Children with Special Health Care Needs Section

Phone: 360-236-3573

Web: www.doh.wa.gov/cfh/mch/cshcnhome2.htm

Collaborative to Improve Health, The Washington

Phone: 360-236-3686

Web: www.doh.wa.gov/cfh/WSC/default.htm

Comprehensive Cancer Control Program

Phone: 360-236-3628

Web: www.doh.wa.gov/cc

Diabetes Prevention & Control Program

Phone: 360-236-3799

Web: www.doh.wa.gov/cfh/diabetes/default.htm

Family Planning and Reproductive Health

Phone: 360-236-3403

Web: www.doh.wa.gov/cfh/FPRH/default.htm

Genetic Services Section

Phone: 253-395-6742

Web: www.doh.wa.gov/cfh/mch/Genetics/default.htm

Health Promotion

Phone: 360-236-3628

Web: www.doh.wa.gov/cfh/OHP/



Heart Disease and Stroke Prevention Program

Phone: 360-236-3792

Web: www.doh.wa.gov/cfh/NWR-Stroke-Network/default.htm

HIV Client Services

Phone: 360-236-3426

Web: www.doh.wa.gov/cfh/HIV_AIDS/Client_Svcs/default.htm

HIV Prevention and Education Services

Phone: 360-236-3424

Web: www.doh.wa.gov/cfh/hiv.htm

Immunization Program CHILD Profile Section

Phone: 360-236-3595

Web: www.doh.wa.gov/cfh/immunize/

Infectious Disease and Reproductive Health (IDRH) Assessment Unit

Phone: 360-236-3455

Web: www.doh.wa.gov/cfh/IDRH-Assessment/default.htm

Local Community Health Leadership Liaison

Phone: 360-236-3734

Maternal and Child Health Assessment Section

Phone: 360-236-3553

Web: www.doh.wa.gov/cfh/mch/Sections.htm#Maternal_and_Child_Health_Assessment

Northwest Regional Stroke Network

Phone: 360-236-3855

Web: www.doh.wa.gov/cfh/NWR-Stroke-Network

Nutrition, Physical Activity, and Obesity Prevention Program

Phone: 360-236-3757

Web: depts.washington.edu/waaction/

Oral Health Program

Phone: 360-236-3524

Web: www.doh.wa.gov/cfh/oral_health/index.htm

STD Program

Phone: 360-236-3460

Web: www.doh.wa.gov/cfh/STD/

Tobacco Prevention and Control

Phone: 360-236-3665

Web: www.thecommunityguide.org/tobacco/

Tuberculosis Program

Phone: 360-236-3447

Web: www.doh.wa.gov/cfh/TB/default.htm

WIC Nutrition Program

Phone: 360-236-3697

Web: www.doh.wa.gov/cfh/WIC





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